

# Inv3ntive Football Academy

## COVID-19 GUIDANCE



We have put together new guidance documents for all our members that will be involved in restarting of Inventive Football Club during Covid-19.

Some new addaptations have been made to the way we will be running all of our programmes due to the Coronavirus pandemic. We have made these small changes in order to keep you and our staff safe. Please read the following guidance carefully in order to have a safe environment to return to activity.

Important: If you or anybody in your family is showing symptoms of virus within the last 2 weeks, then we recommend you to carry on staying home until further notice by the NHS.

### **Track and trace- You can download this app to your mobile**

*As of 24th September the facility that the academy uses (Rectory Park) is now required to display the official NHS QR poster at all venues.*

*The NHS COVID-19 app has a feature that allows you to quickly and easily 'check in' to the venue by scanning the code. The information stays on your phone. In England, if you choose to 'check in' using the official NHS QR code to provide your contact details, you will not be asked by the club to provide them. If there is an outbreak associated with a venue, a message will be sent to your app with the necessary public health advice.*

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## Guidance for our members

Please try to read and follow this plan as much as possible every training sessions.

Our Players	
Before Training	At and after training
Wait with your parent or guardian until the coach is ready and invites you on to the playing space.	Avoid touching equipment with your hands.
Keep your belongings with you at all time, including medical equipment, water bottle and so on.	No spitting.
Keep 2 meters away from others.	Incase you cough, sneeze or touch something please avoid touching your face.
Sanitize your hands at the start of the session	Keep your water close to at all times.
Players must com completely dressed as there will.	If you get injured only the member from your family can assist you. Incase its major one of our trained coach will assist.
No shaking hands or touching anybody.	Sanitize your hands again after leaving the playing space.
Listen to the coach's guidance before starting.	Do not shake hands with anybody when leaving the playing field.
Make sure you have some tissues and enough water.	No close gather after the sessions with friends, please go straight to your parents.

Our Parents	
Before Training	At and after training
Confirm and book your child of the session atleast one day prior to training.	You are allowed to watch your child as long as you stay behind the restricted area.
Double check with your child if they're feeling 100% okay.	Keep extra wipes just in case your child needs them.
Ensure you have time to be present during the entire session.	You can also wait in your car as long as you are available at the venue at all time.
Remind your child about the 2-meter rule.	Keep extra water bottle for your child.
Check if your child's laces are knotted tight.	Keep 2-meter distance when speaking to another member.
No shaking hands or touching anybody.	Hold on to your child's medical equipment at all time.
Listen to the coach's guidance before starting.	
Make sure you have some tissues and enough water.	

Email: [contact@inventivefootballacademy.com](mailto:contact@inventivefootballacademy.com)

**Facility imposed protective measures that has been put in place to counteract the effects of covid-19. Updated on the Aug 27, 2020**

- Spectators are now permitted back on site but with a maximum capacity per pitch. We can allow up to 50 spectators per pitch and once we have reached this capacity, spectators will be encouraged to watch the match from the outside
- Spectators are encouraged to scan the QR code on arrival at the centre, these will be visible on various spots around the centre. This is to help us with track and trace. SIGN-IN, STOP THE VIRUS
- With an increase in people on site, we would like to remind you only to turn up 5 minutes prior to your booking. Entry to the facility will not be permitted before this time
- Please note the stands with the sitting area is closed until further notice, we would encourage all spectators to maintain social distancing whilst on site
- Changing facilities currently remain closed until further notice, so we would encourage all players and match officials to come ready to play. Toilets are available to use
- In the Reception area we have protective screens, please speak to staff behind these, this is to protect yourselves and our staff

## COVID SYMPTOM SCREENING QUESTIONNAIRE 2020

*As you will be aware, as a result of the Covid-19 Pandemic. You will be required to complete this questionnaire before every training session and match. This is to protect your health and safety, and those of others at the club.*

Today, have you had?

COMPLAINT	NO	YES
<i>New cough*</i>		
<i>Fever/Temperature*</i>		
<i>Unusually Short of Breath during exercise or at rest*</i>		
<i>Loss of Smell*</i>		
<i>Loss of Taste*</i>		
Red Eyes or Sticky Eyes		
New Abdominal Pain or Diarrhoea		
New Blocked/Runny Nose		
New unusual fatigue with muscle and joint pains		
Headache		
Feeling generally unwell in any other way		

**If you have had any of these symptoms, please do not attend training or matches**

*\*Indicates most sensitive*

*symptoms Objective fever*

*defined as 37.5°C*

*\*Most individuals that are positive for Covid-19 do not appear to have fever*